



Clare Hall
NURSING HOME

NEWSLETTER

October 2026



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Clare Hall Nursing Home
Ston Easton, Radstock

Editor's Desk

Hello Residents, Families and Friends!

Welcome to October's edition of our newsletter. We have lots of things to look forward to this month, all things autumn and spooky. Elise has been working hard on getting some of our residents out to Avon Valley Pumpkin Patch in October, alongside other spooky activities. You'll see the entertainment plans further on in this newsletter.

Thank you to all those who purchased Harvest raffle tickets, your support is greatly appreciated. We look forward to seeing who wins the various hampers on 1st October.

In September we wished farewell to Tina – Care Assistant, Kyla – Care Assistant/Registered Nurse, as they move on to pastures new. October sees, Mervin & Cristina will be heading off on maternity leave. Everyone at Clare Hall wishes them and their families well as they welcome their bundles of joy.

As always, the support from our relatives and friends does not go unnoticed and as a management team, we are forever grateful. If there is anything you would like to discuss with us, please do not hesitate to contact us or pop by the office, we are always willing to improve for our residents.

Marketing & Management

October Trivia

October was the eighth month in the Roman calendar, named from the Latin word "octo," meaning eight. Later, January and February were added, moving October to the tenth month.

Zodiac signs: **Libra & Scorpio**
Birthstone: **Opal & Tourmaline**
Flower: **Calendula**

Quote of the Day

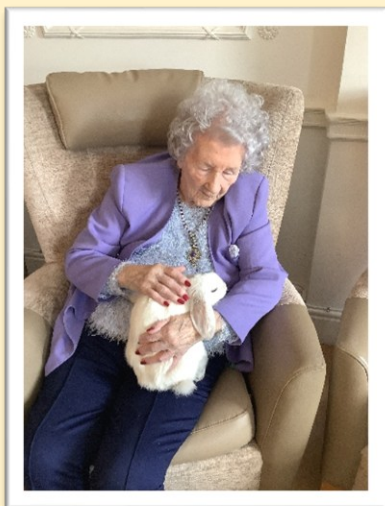
*The important thing is
not to stop questioning.
Curiosity has its own
reason for existing.*

~ Albert Einstein

Month in Review: September

Petting Zoo

We had an exciting visit from Twinnings Petting Zoo. Our residents had the opportunity to hold rabbits, Dot had a great time having one on her lap. Michael had a visit from a pony, which was brought around the home for all the residents to see. Animals are an amazing therapeutic activity for everyone to get involved in.



Garden Party

Our residents had an amazing time outside at our garden party this month. They were served traditional afternoon tea trays, filled with an assortment of savory and sweet. Some even indulged in a glass of prosecco to compliment their lunch.

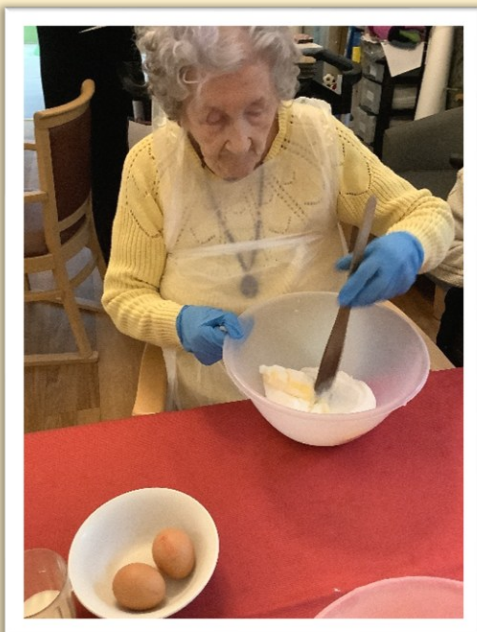


Michael playing basketball in the lounge





Arts & Crafts club



Tuesday baking club



Bingo & Games



Afternoon tea



Upcoming Events: October & November

Weekly singers 2:30pm

Harvest Raffle
1st October, lounge

Dolly & Friends mini concerts
15th October, lounge

Pumpkin patch day trip
26th & 29th
Avon Valley wildlife adventure park

Pumpkin Competition
Winners announced 30th October

Halloween party
Date: TBD

Firework night
5th November, 6pm

Special Days

2nd World Smile Day
4th World Space Week
4th World Animal Day
25th Grandparents Day
31st Halloween

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			Harvest raffle 1 Join us in the lounge for a chance to win!	World Smile Day 2 Linda 2pm	3	4
5	Baking club 6	Singer: Helena 7	8	Singer: Naomi 9	Quizzes 10	11
12	Baking club 13	14	Dolly & friends tribute concert 15 Mini concerts 2pm in the lounge	16	Quizzes 17	18
19	Baking club 20	Singer: Joe 21	22	23	Quizzes 24	25
Avon valley pumpkin patch 26 1pm till 3:30pm	27	28	Avon valley pumpkin patch 29 1pm till 3:30pm	Pumpkin Carving with residents 30	Halloween 31	

**Clare Hall**
NURSING HOME

PUMPKIN CARVING CONTEST

1st PRIZE:
£50
ONE4ALL
VOUCHER

2nd PRIZE:
£25
ONE4ALL
VOUCHER

3rd PRIZE:
£10
ONE4ALL
VOUCHER

Friends & Family join in on some pumpkin carving this month by bringing in your carved pumpkins for a chance to win a £50 voucher!

All you need to do is bring in your best carved pumpkin and we will judge for the best designs produced.

We would love to display all your pumpkins around the home.

Get involved this spooky season!

**Bring your pumpkin in by the 26th of October
For a chance to win!**

**CLARE HALL
NURSING HOME
STON EASTON,
RADSTOCK**



Clare Hall
NURSING HOME



Clare Hall
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Firework Night

5TH NOVEMBER 2026

CLARE HALL, STON EASTON

6PM - 7PM

October Birthdays

In October, we celebrate birthdays with:

- **Katherine Silver (83)**
- **Valerie Fenton (93)**
- **Almut Dunn (84)**
- **Cynthia Clements (83)**

**HAPPY
BIRTHDAY**

World Smile Day

- Elephants can recognise themselves in a mirror.
- Octopuses have three hearts and blue blood.
- Giraffes have the same number of neck bones as humans - seven!
 - Dolphins use unique whistles to identify one another.
 - Owls can turn their heads up to 270 degrees.
 - A group of hedgehogs is called an array.
- Goats have rectangular pupils, giving them a wide field of vision.

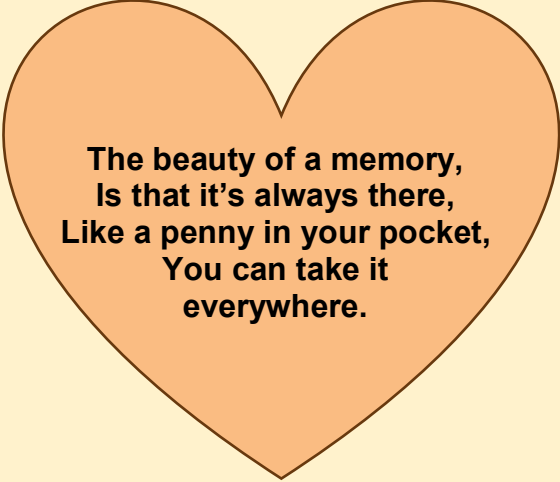
Libra (Sep 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

Scorpio (Oct 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

In Memoriam



**The beauty of a memory,
Is that it's always there,
Like a penny in your pocket,
You can take it
everywhere.**

**Taking a moment to remember the special people who were
treasured members of the Clare Hall family:**

Ivan Allen - 1929-2026

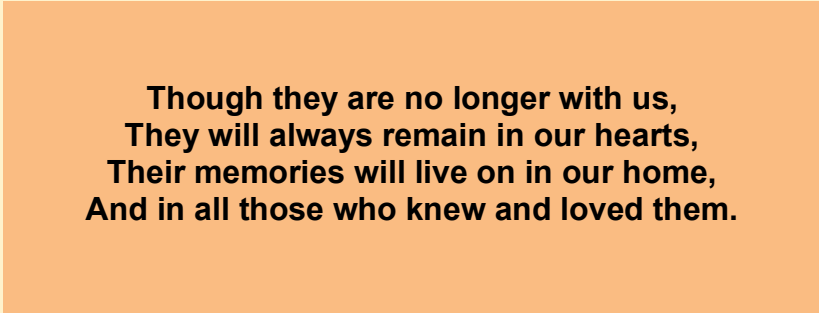
Terence Barge - 1943-2026

Robert Barnes – 1953-2026

Colin Beaver – 1947-2026

Don Bryant – 1948-2026

Kelvin Eyles – 1962 - 2026



**Though they are no longer with us,
They will always remain in our hearts,
Their memories will live on in our home,
And in all those who knew and loved them.**

Poem to Share

Leisure

By W. H. Davies

What is this life if, full of care,
We have no time to stand and stare.

No time to stand beneath the boughs
And stare as long as sheep or cows.

No time to see, when woods we pass,
Where squirrels hide their nuts in grass.

No time to see, in broad daylight,
Streams full of stars, like skies at night.

No time to turn at Beauty's glance,
And watch her feet, how they can dance.

No time to wait till her mouth can
Enrich that smile her eyes began.

A poor life this if, full of care,
We have no time to stand and stare.

Laughing Matters



The Husband's Friend

The doorbell rings, and a woman just out of the shower answers wearing only a towel. Her husband's friend Bob is at the door. He says "I'll give you \$500 to drop that towel right now". She thinks about it, then drops the towel. Bob hands her \$500. Later that day her husband says "Hey, did Bob come by today?" She nervously replies "Yes....?" Her husband says "Did he give you the \$500 he owes me?"

The Sports Teacher

A woman got a job as a sports teacher for a group of 16 year old boys.

She notices a boy at the end of the field standing alone, while all the other kids are running around having fun kicking a ball.

She takes pity on him and decides to speak to him.

'You ok?' she says.

'Yes.' he says.

You can go and play with the other kids you know' she says.

'No, it's probably best I stay here.' he says.

'Why's that honey?' she asks.

The boy looks at her incredulously and says,

"Because I'm the Goalie!"

One Liners

What do you call a pony with a cough? A little horse.

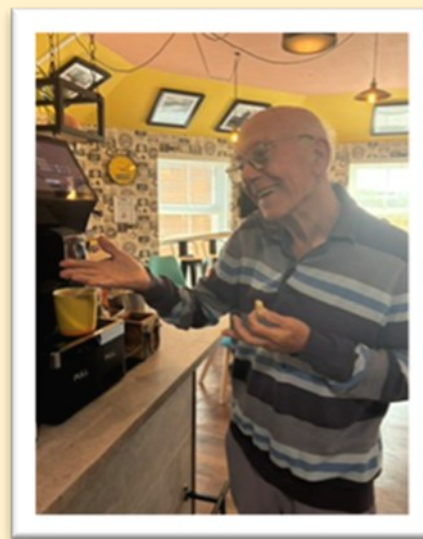
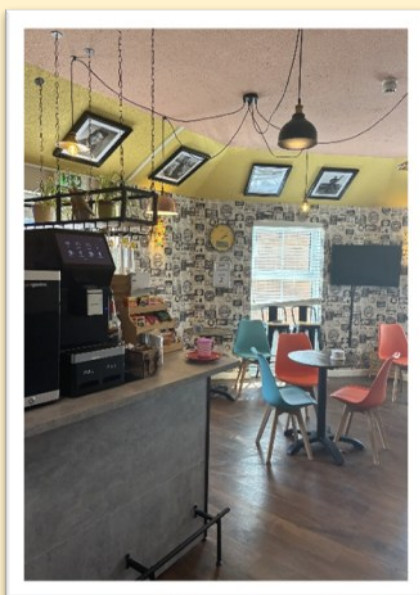
What is a cat's favorite dessert? A bowl full of mice-cream.

Why did the teddy bear say no to dessert? Because she was stuffed

Café

Our stunning new café has launched a few months ago and it is in full swing! From fresh pastries to baked cakes, we have it all for what you're craving. This is a space for families and visitors to enjoy, whenever they like! Our dedicated kitchen team produce fresh, daily cakes and snacks to accommodate everyone. Our residents have made this space feel like home, which gives a sense of independency to help themselves to a drink and a snack.

It is a joy to see visitors enjoying this space, either with or without their beloved one.



Our coffee machine is currently out of order however, we are hoping to get this fixed as soon as possible. For the meantime, we have a hot water pump which is located with the cold-water fountain. Please help yourself to the coffee sachets that have been made available. Thank you for your patience while we resolve this issue.

CAFÉ GUIDANCE

- Coffee machine: there is a range of coffees available to choose from. For a full mug, please repeat your choice as the standard measures are for a standard cup. There are syrups available to please any sweet tooth out there!
- Please let one of the nursing staff know if the coffee machine is in need of supplies, i.e. water, milk or coffee beans.
- Tea can be made by using the hot water (red button) option of the water dispenser next to the coffee machine counter on the left side. We'd prefer that hot water to be used instead of the option available on the actual coffee machine, to minimise unnecessary strain on the machine.
- Used mugs/cups/plates – please leave them on the counter on the right side of the coffee machine or alternatively feel free to place them in the sink in the kitchenette. The kitchenette can be found next to Dennis' office on the right side.
- TV – please feel free to use the remote controls to change the channel. There is an Amazon Firestick plugged in which can be controlled by the dedicated (smaller) remote control and by changing the source to HDMI 3. Please let us know if you need any assistance with this.
- Fridge – please feel free to help yourself to a cold drink.

Everything is free but if you feel you would like to donate a small contribution towards the café and residents' activities: there is a dedicated donation box on the counter.

Carehome.co.uk

We always need your reviews....

Calling all residents friends and families. We need your reviews. If you like what we do, we would really appreciate a review. If you could make sure all the boxes are ticked and you have commented alongside as well would be very helpful to other families looking for a placement for their loved ones.

However, if you have any concerns, please do speak to us directly so we can help. You can review us on www.carehome.co.uk AND catch up with all the different things happening on Facebook page.

<https://www.carehome.co.uk/review-submit/18116/rcsid/1012/>

carehome .co.uk

Please take a moment to

Review us

Scan the QR code below and enter
your review on carehome.co.uk for
Clare Hall Nursing Home



Name: _____

Can you find the Halloween words below without getting "Stuck"?



Word list:

BONE	GOBLIN	NIGHT	SPIDER
BOO	GRAVE	OCTOBER	SPOOKY
CANDY	GRAVEYARD	PUMPKINS	TREAT
CAT	HALLOWEEN	TRICK	VAMPIRE
COSTUME	HAUNTED	SCARE	WEREWOLF
DRACULA	MONSTER	SCREAM	WITCH
GHOST	MOON	SKELETON	ZOMBIE



SunCatcherStudio.com